

Chemists/pharmacies can provide:

- free emergency contraception
- free treatment for genital thrush
- condoms and pregnancy tests (to buy)
- free needle exchange

Your doctor/GP can provide:

- contraception including emergency contraception
- free condoms
- pregnancy testing, advice and referral for antenatal care/termination of pregnancy
- cervical screening (smear test)
- testing and treatment for sexually transmitted infections
- investigation and treatment of vaginal discharge
- testing for HIV, Hepatitis B and Hepatitis C
- Hepatitis B vaccination
- information/referral regarding erectile dysfunction

Testing for Hepatitis B and C is also available at:

- Signpost Recovery, Alloa
0845 ~ 6731774
- Community Alcohol & Drug Service (CADS)
01786 ~ 434430
or
Falkirk and Stirling Health and Care Village
01324 ~ 673670

Patient Information

**Sexual Health and
Blood Borne Viruses**

**Services
for
Central Sexual Health**

Specialist sexual health services are based in:

- Falkirk Community Hospital
- Stirling Health and Care Village
- Clackmannan Community Health Care Centre

Appointments can be made by telephoning the booking line on:

01324 ~ 673554

Monday to Friday

8.30 am ~ 12.30 pm

For advice please call the helpline on:

01324 ~ 673563

Monday to Friday

14.00 pm ~ 16.00 pm

If you need urgent attention outwith these hours please contact your GP or Out of Hours Service.

If you think you may have been exposed to HIV e.g. condom breakage or due to a sexual risk, Post Exposure Prophylaxis (PEP) must be started within 72 hours of the risk.

If the specialist sexual health services are closed, please go to the Emergency Department at Forth Valley Royal Hospital where your needs will be assessed.

Please note this should only be in an emergency situation.

More information can be found at: www.centralexualhealth.org

Specialist sexual health services provide:

- contraception including emergency contraception
- condoms
- longer lasting contraception e.g. implants and coils
- pregnancy testing, advice
- testing and treatment for sexually transmitted infections
- management of HIV infection
- assessment and management of genital symptoms
- hepatitis B vaccination
- HPV Vaccine
- safer sex advice, general advice and support for any sexually related issues or concerns
- services for the LGBTI Community
(Lesbian, Gay, Bisexual and Transgender and Intersex)
- HIV PEP (medication to try to prevent HIV infection after a sexual risk)
- PrEP (medication to prevent transmission of HIV)

Abortion/termination of pregnancy:

If you are thinking about having an abortion (termination of pregnancy), you can self refer to Forth Valley Termination of Pregnancy Service. Contact the service by calling:

01324 ~ 673555

Monday to Friday

8.00 am ~ 17.00 pm

It is also possible to be referred by your GP.

Free condoms:

Are available via our postal scheme at: www.freecondomscentral.co.uk