

School Improvement Planning Relationships, Sexual Health and Parenthood Education

This good practice guidance can be used to support planning a review of RSHPE.

Initial Self Assessment

- Checklist to assist school management to review the overall provision of RSHP Education in your school
- A short survey for staff to identify information or training needs

Identifying areas of improvement

This could include any/all of the following:

- Review and develop mainstream RSHP curriculum
- Review and develop RSHP curriculum for students with additional support needs
- Identifying staff development needs and accessing training*
- Identifying and trialling appropriate resources
- Planning engagement with parents
- Development of a school RSHP policy
- Planning engagement with young people
- Develop an action plan

**[Training opportunities](#) offered by the Health Promotion Service.*

Taking forward an action plan

- Establish a working group to take the action plan forward
- Agreeing a time scale for development and implementation
- Allocating staff responsibilities for the changes/ improvements and any partner involvement (e.g NHS Forth Valley Sexual Health Team)
- Building in a process of consultation with pupils, staff and parents

Implementation and Review

- Informing students and parents of new programme and changes, taking feedback, answering questions
- Further engagement with staff, students, parents to gather feedback on the new RSHP approach.

Support for implementing the RSHP curriculum for schools is available from the NHS Forth Valley Sexual Health Team across Early Years/Primary/Secondary and ASN. The team can provide information and advice on curriculum support, training and development for staff and current resources.

Information for schools is available on the local sexual health website <https://www.centralexualhealth.org/professionals/> or by contacting the [Sexual Health Team](#) directly.