

# HOSPITAL APPOINTMENT TO DISCUSS TERMINATION OF PREGNANCY

## “WHAT YOU, THE PATIENT, SHOULD EXPECT”

**(YOUR APPOINTMENT IS FOR DISCUSSION AND EXAMINATION ONLY.  
TREATMENT WILL FOLLOW AT THE EARLIEST OPPORTUNITY)**

- You will be called to the consulting room, on your own, for a scan, to determine how far on in the pregnancy you are. **Please note: a copy of the scan picture will not be made available to you on this occasion.**
- A doctor/nurse will see you on your own initially, you can then be joined by your partner/friend/parent, if you wish.
- You will be asked for a brief medical history and will be given an explanation of the different procedures available to you.
- You will be seen by a nurse, who will:
  - explain more about the procedure you have chosen
  - arrange a date and time for the procedure to take place
  - obtain general blood and swab samples (blood is taken to identify your Blood Group)

**Blood will also be taken for Syphilis and HIV and / or swabs for Chlamydia and Gonorrhoea - if you would prefer to opt out of having these tests taken, you must inform the nurse at this stage.**

- You will be seen by a Sexual and Reproductive Health nurse to discuss future contraception. You will, therefore, have been added to the Sexual and Reproductive Health system (NaSH) when your appointment was made. Please refer to the Central Sexual Health Website ([www.centalsexualhealth.org](http://www.centalsexualhealth.org)) where information is provided on future contraception and safe sex
- If you have opted for a surgical procedure, a date for a pre-operative assessment will be made prior to the date of surgery
- You will be made aware that there is a Counsellor at the clinic and asked if you would like to speak to her in confidence
- You should expect to be at the clinic for up to four hours

**IF, AT ANY POINT DURING OR FOLLOWING DISCUSSION, YOU WISH TO  
CONTINUE WITH YOUR PREGNANCY, PLEASE DISCUSS THIS WITH THE NURSE  
OR DOCTOR AT THE CLINIC. YOU WILL THEN BE ADVISED ON THE WAY  
FORWARD AND GIVEN HELPFUL INFORMATION**